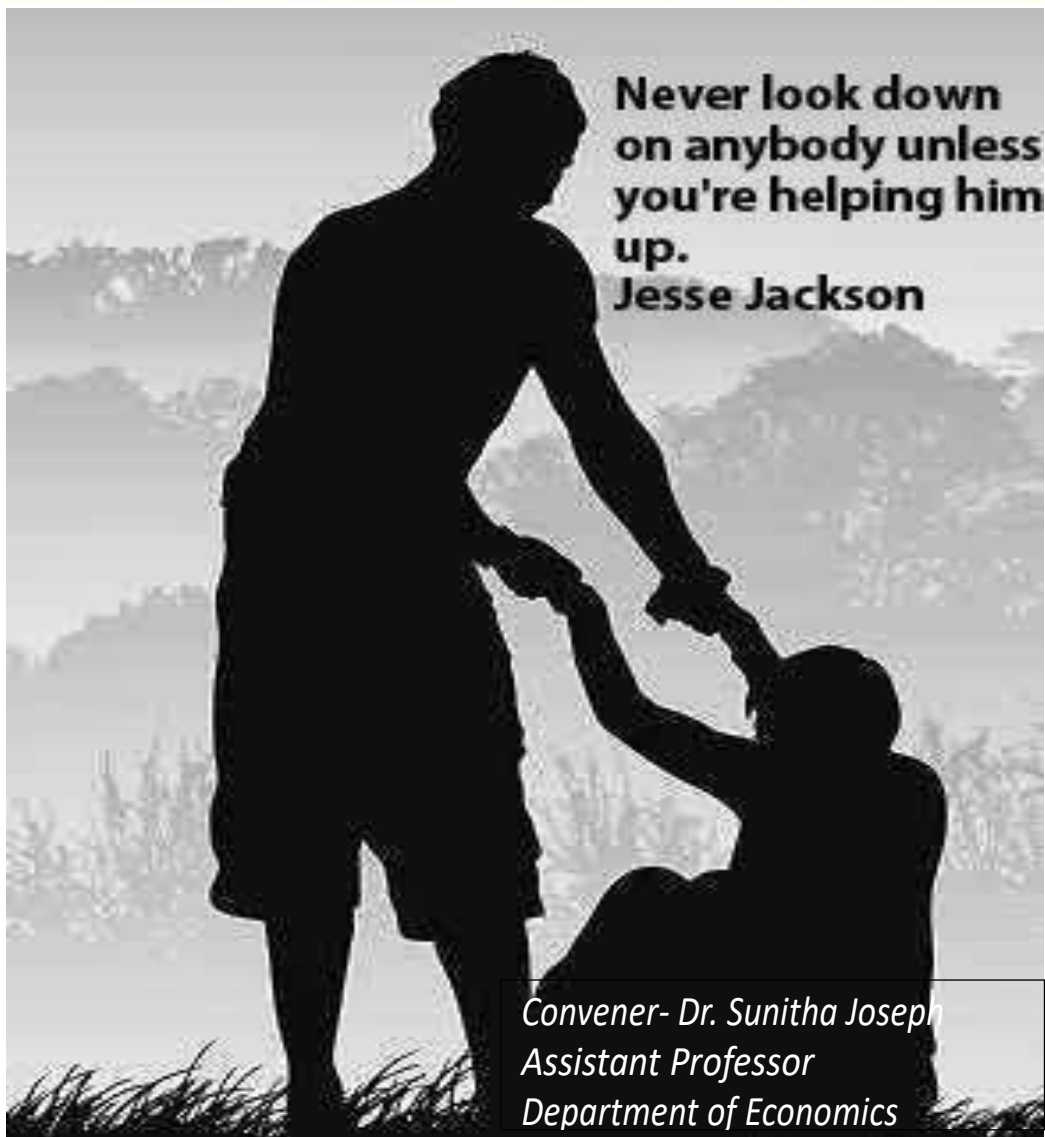


S.E.S Extension Committee NOSES Report-2025-26



**NOSES is the organ of SES College,
which senses and meets the needs of
the community which it belongs to...**



NOSES ORIENTATION PROGRAMME 11/7/2025



The Extension Committee of SES College, Sreekandapuram, organized an Orientation Programme for first-year students on July 11, 2025, at 11:30 AM in the Seminar Hall. The session featured Fr. Jophin Thomas, Director of Kottoor ITI, as the key resource person and was conducted under the banner of NOSES—the organ of SES College dedicated to sensing and meeting the needs of its community.



Objective The primary objective of the orientation was to introduce incoming first-year students to the core mission of NOSES, fostering social responsibility and encouraging active participation in community-centric extension initiatives.

Outcome As an outcome of the session, students gained a clear understanding of the college's social commitment framework, inspiring them to identify local community issues and participate meaningfully in societal upliftment projects throughout their academic journey.

RACESES

RACESES –ACCADAMIC EXTENSION PROGRAMME

Remedial Assistance Community Education

SES College's transformative student-teacher program, RACESES, in collaboration with LEAP, has unlocked the hidden potential of numerous young minds. Operating under the guidance of around 80 dedicated SES College student-teacher volunteers from various academic departments, this initiative serves as a vital educational assistance program for underprivileged students. Specifically designed to extend a helping hand to the children of differently abled individuals across various parts of Kannur district, RACESES pairs participants with mentors who nurture their talents and instill an unwavering belief in their abilities. Today, these students exude confidence, overcome obstacles, and carve paths toward futures brimming with boundless possibilities. Their remarkable success resonates throughout the entire college community, benefiting students across all disciplines.

Objective

The main objective of RACESES was to provide free educational assistance to students from disadvantaged backgrounds, while also creating a platform for student volunteers to practice peer mentoring, leadership, and social responsibility. The program aimed to bridge learning gaps, encourage confidence in young learners, and promote inclusive education through regular mentoring and personal engagement

Outcome

The outcome of the program has been highly inspiring. The mentored students showed remarkable improvement in academic performance, communication skills, and overall self-confidence. Many of them, who once struggled with basic concepts, are now setting clear academic goals for their future. The initiative also created a strong sense of community and service among the volunteers, enhancing their personal growth and inter-departmental collaboration. The impact of RACESES is visible across the college, as its success continues to motivate students from all disciplines to actively contribute to educational equity and social change.

RACESES -DEPARTMENT OF ECONOMICS -9/11/2024

On 12th July 2025, the Department of Economics of SES College organized a RACESES (Remedial Assistance Community Education by SES College) programme at Little Flower School, Kootoor.



RACESES -DEPARTMENT OF ENGLISH -9/11/2024

On 9th August 2025, the Department of English of SES College organized a RACESES (Remedial Assistance Community Education by SES College) programme at Little Flower School, Kootoor

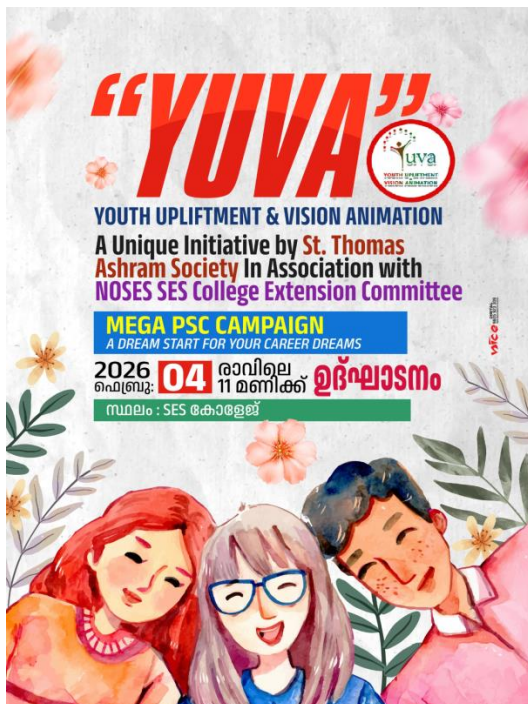


YUVA -Youth upliftment Programme-4/3/2026

St. Thomas Ashram Society, in association with the NOSES SES College Extension Committee, inaugurated the "YUVA" (Youth Upliftment & Vision Animation) initiative on February 4, 2026, at 11:00 AM at SES College. Designed as a foundational launch for career aspirations, the event featured a Mega PSC Campaign alongside a dedicated Drawing Workshop led by trainer Fr. Joyal Panachipuram CST (Varayan).

Objective The primary objective of the YUVA initiative is to empower youth by offering career guidance for public competitive exams and fostering artistic skills through structured training, creating a comprehensive platform for personal and professional growth.

Outcome Participants gained clear direction regarding public service career opportunities through the PSC campaign while enhancing their creative abilities under expert guidance during the drawing workshop, motivating them to pursue their career goals with confidence.







COMMITTEE MEMBERS

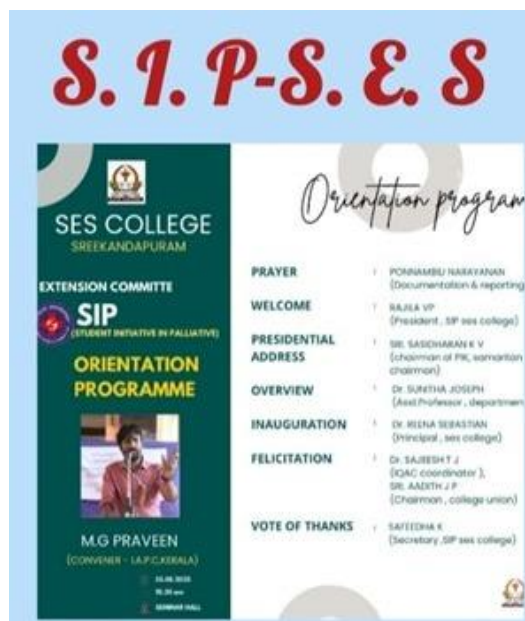
<i>Staff coordinator</i>	: Dr. SUNITHA JOSEPH <i>President</i> : Rajila VP
<i>Vice President</i>	: M V Gauri Shankar
<i>Secretary</i>	: Safeedha K
<i>Join Secretary</i>	: Jafana PP
<i>Media Wing</i>	: Shahana Sherin U P & Riswana C H
<i>Documentation & Reporting</i>	: M V Gauri Shankar & Ponnambily Narayanan
<i>Program coordinators</i>	: Risana C P, Fathimuthal Rina P & Rifa Fathima , Justin Mathew, Ponnambily Narayanan

S.E.S COLLEGE SREEKANDAPURAM
Vision and Mission of SIP (Student Initiative in Palliative) at SES
College Sreekandapuram

The Student Initiative in Palliative Care (SIP) at SES College, Sreekandapuram, serves as a transformative platform that engages students in volunteer service for individuals facing terminal illnesses. Guided by a vision to cultivate a socially responsible community and a mission centered on comprehensive training, field visits, and hands-on home care, the initiative instills a deep commitment toward marginalized groups alongside academic learning.

Objective The primary objective of the SIP is to foster empathy, social responsibility, and active community involvement among students while directly addressing the critical need for compassionate palliative care services.

Outcome Through active participation, students develop essential practical skills and emotional maturity in home care settings, shaping an empathetic student body equipped to enhance the quality of life for chronically ill individuals.



Inauguration of SIP (Student Initiative in Palliative) orientation programme on 7/8/2025

On August 7, 2025, SES College hosted a Student Initiative in Palliative (SIP) awareness session featuring Mr. Praveen MG, a leader from IAPC Kerala. Drawing on the community-based "Kerala Model" of altruism, he emphasized that palliative care is a core social duty that goes beyond medicine. He highlighted how student volunteers provide crucial psychological and holistic support, caring for the entire person rather than just managing physical pain.

Objective The primary objective of the program is to raise awareness and deepen understanding among students regarding the scope and importance of palliative care. By sensitizing them to its core principles, the initiative aims to educate students on the critical role of compassionate support and volunteerism, ultimately fostering their active involvement in the field.

Outcome The session instilled a renewed sense of shared responsibility among participants, empowering them to recognize their roles as stakeholders in care and motivating them to ensure terminally ill individuals never face their journeys in isolation.



Palliative Day Rally 10th October

On October 10, 2025, members of the Student Initiative in Palliative (SIP) at SES College participated in a Palliative Day Rally to raise community awareness. Organized under the banner of "NOSES"—the college's dedicated organ for identifying and addressing local community needs—the rally commenced in front of Sreekandapuram High School and concluded at the town center near the Sreekandapuram Bus Stand.

Objective The primary objective of the rally was to advocate for a compassionate society, promote youth volunteerism in home-care visits, and highlight the importance of offering emotional and financial support to terminally ill and vulnerable individuals.

Outcome Through their active presence on the streets, student volunteers successfully spread palliative care awareness across the local community, demonstrating the vital role of youth leadership in social welfare while strengthening their own commitment to compassionate civic action.



Medicine collection for medicine box (September 12th 2025)

The Student Initiative in Palliative Care (SIP) at SES College actively leads a dedicated campaign focused on the systematic collection and redistribution of essential medicines. This proactive initiative is designed to bridge the critical gap between medical waste and the medical needs of palliative care patients.

On September 12th, 2025, SIP members executed a focused medicine collection drive through a classroom-to-classroom campaign across SES College.

Objective The primary objective of the program is to collect unused, unexpired medications to provide essential medical relief to palliative care patients who lack financial resources. By doing so, the initiative aims to reduce medical waste and promote environmental sustainability within the college and the broader community.

Outcome Under the guidance of student medical coordinators, volunteers meticulously inspected all contributions to ensure safety and eligibility (original packaging, visible expiry dates, no tampering). The drive successfully gathered a significant quantity of eligible medicines, which were subsequently deposited into the dedicated collection box provided by the Samaritan Palliative Care unit.



Collection of left over medicines with in collage



Depositing the collected medicines in the collection box provided by the Samaratain Palliative Care unit
for the collage

Members of the SIP, along with students and faculty, gathered to take a formal pledge dedicated to palliative day care and the organized collection of

medicines. The ceremony was led by Sri Shashidharan T.R. and Father Anoop, who spearheaded the oath-taking on behalf of the initiative.



SIP members and representatives from the Economics Department officially handed over medicines collected through a campus-wide campaign.

KERALA PALLIATIVE CARE STUDY ORIENTATION PROGRAM -22-11-2025

Kerala Palliative Care Study Orientation Program

22/11/2025

Venue: Gulati Institute of Finance and Taxation (GIFT),
Thiruvananthapuram

PROGRAMME SCHEDULE

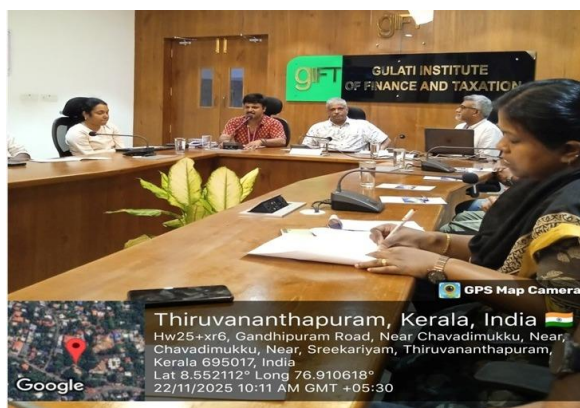
09:30 AM – 9:45 AM	Registration of Participants
Inaugural Session (10:00 AM – 10:40 AM):	
9.45 AM – 9.55 AM	Welcome Address : Dr Godwin S. K. Treasurer, Kerala Economic Association (KEA)
9.55 AM – 10:10 AM	Presidential Address: Prof. K. N. Harilal President, Kerala Economic Association (KEA)
10:10 AM – 10:25 AM	About the Study: Dr. Hari Kurup K. K. Coordinator, Kerala Palliative Care Study
10:25 AM – 11:15 AM	Keynote Address: Sri Binod Hariharan Chairperson, Pallium India
Tea Break: 11.15 AM - 11.30 AM	
11:30 AM – 12:00 AM	Special Address: Dr Bipin B. Gopal Deputy Director, Department of Health Services, Government of Kerala
12 Noon – 1:00 PM	Familiarisation of the Field & Questionnaire Q & A Session
1:00 PM – 1:05 PM	Vote of Thanks Dr. Sumalatha S. Assistant Professor, GIFT
1:05 PM Lunch Break	
1:30 PM – 04:30 PM -	Sample Field Visit to Assigned Locations



Introduction Students from the Student Initiative in Palliative (SIP) unit at SES College, Sreekandapuram, participated in a specialized Kerala Palliative Care Study and Orientation Program in Trivandrum. Hosted in collaboration with institutions like GIFT . This mandatory training module focused on the core principles and practices of community-based care for terminal patients.

Objective The primary objective was to sensitize students to the complex physical and psychosocial needs of patients requiring long-term palliative care. The training emphasized understanding the volunteer-driven "Kerala Model" and equipping the youth with essential skills in compassionate communication and medical volunteer ethics.

Outcome The orientation successfully certified the SES College members, making them eligible to participate in Home Care units alongside professional medical teams. This training empowered students with the practical skills and ethical grounding necessary to strengthen palliative care initiatives within their own campus and local community.



HOME CARE UNIT PROGRAM

SIP Home Care Outreach with Samaritan Charitable Society

Introduction The Student Initiative in Palliative Care (SIP) at SES College, Sreekandapuram, joined Samaritan charitable society to conduct a home care outreach program. Student volunteers accompanied professional caregivers on home visits to assist elderly and bedridden patients in the local area.

Objective The program aimed to provide emotional and physical support to vulnerable patients while reducing their sense of isolation. It also gave students hands-on experience in palliative care, teaching them how to address non-medical patient needs through compassionate interaction.

Outcome The initiative brought valuable companionship and care to local patients, improving their well-being. The participating students gained practical caregiving skills, a stronger sense of empathy, and a commitment to supporting community-based healthcare.

SES COLLEGE
SREEKANDAPURAM
NOSES -EXTENSION COMMITTEE
SES COLLEGE SREEKANDAPURAM
In Association With
Samaritan Palliative Care Center

~ SIP ~
(Student Initiative in Palliative)

HOME CARE PROGRAMME
ON 23/09/2025
By
DEPARTMENT OF ECONOMICS
Student Volunteers (Sep - 2025)

JAFNA P P **RAJILA V P**

SES COLLEGE
SREEKANDAPURAM
NOSES
NOSES-EXTENSION COMMITTEE
SES COLLEGE SREEKANDAPURAM
IN ASSOCIATION WITH
Samaritan Palliative Care Centre

SIP
(Student Initiative In Palliative)

HOME CARE PROGRAMME
ON 13/01/2026
By
Department of Economics
Student Volunteers (Jan 2026)

Rina Fathima **Mufeeda A C**

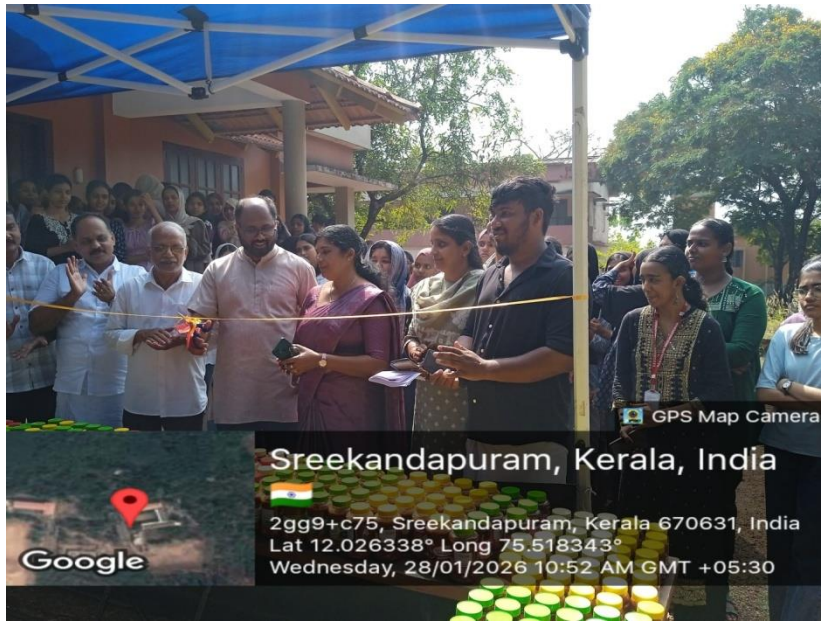
Marketing Fair 28th January 2025

Introduction On January 28, 2026, SES College, Sreekandapuram, hosted the inauguration of a Marketing Fair organized by members of the Student Initiative in Palliative (SIP) care, in association with NOSES, the Department of Economics, and Samaritan Palliative Care. The ceremony took place in the SES College Seminar Hall, featuring an insightful address by Fr. Anoop Narimattom, Director of Samaritan Palliative Care, who officially launched the fair by performing the ribbon-cutting ceremony.

Objective The main objective of the fair was to raise funds and support for palliative care initiatives by setting up stalls to sell products,. The event aimed to engage students and faculty in supporting community healthcare while promoting entrepreneurial and social responsibility.

Outcome The event successfully mobilized campus-wide support for palliative care, drawing strong participation from students and staff who purchased products from the stalls. Beyond raising funds, the marketing fair increased awareness about community-based palliative care and demonstrated how student-led initiatives can make a practical, positive impact on local healthcare efforts.





https://youtu.be/d_QulnJnEtU

(Link on news report at HighVision NattuVishesham)

SIP Appreciation Certification Ceremony



On February 26, 2026, the members of the **Student Initiative in Palliative Care (SIP)** at **SES College** were formally recognized for their dedicated service and contribution to community healthcare. In a ceremony held at the college, certificates of appreciation were awarded to individual student volunteers, and a commemorative memento was presented to the institution on behalf of the **Palliative Initiative in Kannur (PIK)**.

Event had been held on February 26, 2026, in Sreekandapuram, Kerala, students from the **Student Initiative in Palliative (SIP)** were awarded appreciation certificates for their contributions to the **Palliative Initiative in Kannur (PIK)**.



A group of student volunteers was awarded certificates of appreciation for their active participation in palliative care activities. A memento was presented to the college administration, signifying the strong partnership between the educational institution and the Palliative Initiative in Kannur. The event showcased a high level of engagement among the student body, particularly highlighting the volunteer spirit of the students in providing social palliative services to the region.



Appreciation Certification Distribution & Memento Presentation



<https://docs.google.com/document/d/13Ck7BLSN6fwPIkqWdNRM87gVyK0CYQD6DTF9mESXesQ/edit?usp=drivesdk>

(SIP members certificate received from PIK)

A significant milestone for the Student Initiative in Palliative (SIP) at SES College, Sreekandapuram, during their Achievement Day held on March 10, 2026. The formal recognition of the student team for their selfless contributions to the Palliative care as a unit from the collage. The ceremony took place in the SES College Seminar Hall, a venue dedicated to academic and extracurricular milestones. Central to the image is the presentation of an appreciation certificate and a golden trophy. These awards symbolize the student teams dedication to community health and patient care in their society. The dedicated group of 15 student volunteers are on stage wearing medals, highlighting individual excellence within the collective effort.

Student-led palliative care is a hallmark of Kerala's healthcare model. By engaging with the **Palliative Initiative**, these students provide essential emotional and physical support to chronic patients, bridging the gap between clinical medicine and community welfare.

First SIP Unit Recognition By PIK



It is a significant milestone for both the students and the institution. Recognizing a Student Initiative in Palliative Care at SES College, Sreekandapuram, by an established body like Pain **and Palliative Care Kannur (PIK)**, highlights a shift toward social responsibility in higher education. Being the "first time" suggests that the college has successfully integrated community health goals into student life, setting a precedent for future batches. Recognition from the Kannur Palliative Care unit a pioneer in the field in Kerala acts as a "seal of approval" for the quality and sincerity of the students' work. It bridges the gap between academic life and the needs of bedridden or terminally ill.

"Service to humanity is service to God."

Core Activities of a Student Palliative Unit

Typically, a recognized unit at SES college engages in:

- **Home Care Support:** Assisting professional medical teams during home visits to provide emotional support to patients..
- **Awareness Campaigns:** Educating the public and fellow students to remove the stigma surrounding palliative and end-of-life care.
- **Volunteer Training:** Students undergo basic training to understand the psychological and physical needs of chronic patients.

By involving SES College students, the movement ensures that the next generation is equipped with empathy and "social medicine" skills.

The Principal of SES College presided over the function, highlighting the importance of empathy and social responsibility in a student's life. She commended the volunteers for balancing their academic rigors with compassionate community service.



List of Honored Volunteers

- Rajila V P , M V Gauri Shankar, Safeedha K, Jafna P P, Shahana Sherin U P, Riswana C H, Fathimatul Rina P, Rifa Fathima , Justin Mathew, Ponnambiyil Narayanan, Arunima D V, Afsal K P, Shazeya M, Mufeedha A C



Honoring a Mentor: Master Sri. Sashidharan K V& Dr. Sunitha Joseph

"The success of social palliative care lies in the hands of the next generation, guided by the wisdom of the veterans."

The ceremony was presided over by Principal Dr. Reena Sebastian. Other notable speakers and attendees included:

Conclusion of SIP's 2025-26 Journey

This year, the SIP unit successfully bridged the gap between academic learning and social action through several flagship initiatives:

- **Healthcare Sustainability:** Through the "Medicine Box" campaign, students collected unused medications from the community to provide essential relief to underprivileged patients.
- **Direct Community Support:** Volunteers collaborated with Samaritan Charity for home care outreach, providing both professional assistance and emotional support to the elderly and bedridden.
- **Economic Empowerment:** The SIP Marketing Fair provided a commercial platform for products made by handicapped individuals, boosting their living standards and breaking social stigmas.

The Importance of Palliative Care in Today's Era

In an era often dominated by clinical medicine, palliative care serves as a vital reminder that "care" manages the person while medicine manages the pain. Its importance in modern society cannot be overstated:

- **Holistic Healing:** It provides psychological and social support that is as curative for the soul as medication is for the body.

- Community Cohesion: It fosters a "Kerala Model" of community-based care, ensuring that no individual has to face terminal illness or old age in isolation.
- Social Responsibility: It transforms students into "angels of compassion," teaching empathy, active listening, and the value of human connection over mere charity.

♥*Thank you*♥